

# New Lifegroup Leader Training



## Session #1: What is a Lifegroup Leader?

**Introduction:** You will use this self-study guide to help you engage with the content in a deeper way. Also, make sure to bring this to the huddle with your Coach.

First, go to [leadershipgreenhouse.org](http://leadershipgreenhouse.org) and watch the “What is a Lifegroup” video under the “New Lifegroup Leader Training” tab.

What are the spiritual pitfalls of being in a Lifegroup? Why is worship and service not sufficient to grow into your new life in Christ?

What is something that has happened in your life recently that you are celebrating? How has that impacted your life at home, at work, or with God?

Describe a friend with whom you had a special connection in your past. What made that friendship special? How did that friendship help sharpen you?

***[Read through the section on CVC’s Strategy in CVC’s LifeGroup Resource Guide.] (pp. 3-4)***

***\*You can also find the LifeGroup Resource Guide under the “Resource” tab at [leadershipgreenhouse.org](http://leadershipgreenhouse.org).***

How has God used lifegroups to grow you?

***[Read the "LifeGroup Definition" in CVC's LifeGroup Resource Guide.] (pp. 5)***

Based on Fruit of New Life, why do you think it is important for a LifeGroup not to be any larger than about 12 people?

The intent of gathering CVCers in a LifeGroup is that each member goes 6 for 6 in bearing the Fruit of New Life. Write in the space below six sections labeled Beloved child, Self-feeder, Servant, Investor, Discipler, and Missionary. Spend some time brainstorming strategies how a LifeGroup Leader can help a LifeGroup member bear the Fruit of New Life in ways that attending a worship service cannot.

***[Read the "Life Group Description" in CVC's LifeGroup Resource Guide.] (pp. 5)***

Which parts of the description captures your imagination most?

Who do you know who has embodied that aspect in his/her walk with Christ? How has he/she helped shape your spiritual life?

***[Read "Life Group Dynamics" in CVC's LifeGroup Resource Guide.] (pp. 5)***

Which of CVC's 6 Passions is most important to you? Why?

If you were to have a conversation with Jesus over a cup of coffee, tea, or hot chocolate, which of the 6 Passions would He say needs to be more important to you? Why might He say that?

***[Read "Make-up, Schedule, and Locations" in CVC's LifeGroup Resource Guide.] (pp. 6)***

How would you describe the benefits and the drawbacks of a trimester system?

How might a LifeGroup leader leverage the trimester on-ramps to grow his/her group?

***[Read "Life Groups with Children" in CVC's LifeGroup Resource Guide.] (pp. 6)***

Why should parents of children make the extra effort to be in a LifeGroup even though having kids and being in a LifeGroup may be more complicated and challenging?

What has been your past experience with children in a LifeGroup?

What has worked well? What did not work well? How would you advise a Life Group leader to make things great with and for children?

